

Services

Heart to Heart Seniors Services is fully insured.

Our services include, but are not limited to:

- Transportation
- Companionship
- Transitions
- Extension of Family
- House and Pet Sitting
- Home Upgrading/Retrofitting
(provided by Gary Haydock Contracting)



Our Mission:

To provide a higher level of care for seniors that incorporates compassion, dignity and respect at all stages of life and provide services that give families peace of mind when a loved one is too ill or disabled to care for him or herself.

*♥ Wisdom and compassion
are at the heart of our work*

About Heart to Heart



My name is Agnes Bolarinho and I've been the owner of Heart to Heart Seniors Services for 7 years. I became

involved in this business because I saw a need for a higher level of care for seniors that incorporates compassion, dignity and respect at all stages of life. I want to provide services that give your family peace of mind at the most chaotic moments – when a loved one is too ill or disabled to care for him or herself.

When a parent goes into a nursing home or extended care, it can be a very lonely experience, particularly between visits from out of town children. Our team is dedicated to making the transition a little smoother, and bringing a sense of dependability and familiarity in the day-to-day tasks and activities.

Contact me for rates and a more detailed description of the daily, weekly, or monthly services we offer. I look forward to meeting you and your loved ones.

613.767.0820
info@h2hcare.ca
www.h2hcare.ca



 **Heart to Heart**
Seniors Services

“Aggie and her team made a huge difference to our peace of mind living way out west in San Francisco. We knew one of the Heart to Heart crew would stand in for us until one of us could travel to Kingston...that on a daily basis our loved one was receiving as much care as was needed allowing her to maintain as much independence as possible...we were confident that care was delivered by warm and helpful staff...”

- Steve and Margie Lyman

“...I have often said, “Aggie to the rescue,” and that is not an understatement!...Aggie has a passion for seniors and their needs. Not just the practical, but also the little things in life that make seniors more comfortable... She is nothing short of amazing. Her tenacity speaks for itself as does her positive approach and calm demeanor...”

- Lyn Ronald

“...The intangible value of Aggie and her team is the consistency, continuity and customization they bring to my mother’s care. As a 91 year old living with Alzheimer’s, there are very intimate and specific details about her needs and day-to-day routine that aren’t met by the retirement home. Aggie intuitively senses when an increase or modification in care is warranted, and she partners with me to resolve issues as they arise...”

- Graham Mutch

Are You Prepared?

Are you prepared for the possibility that a parent or loved one may need to go to a nursing home or need extended care? The likely answer is no, none of us are ever truly prepared to get this kind of news. You are more than likely feeling bewildered, lost, overwhelmed, and sad. Like many others, you probably have numerous questions:

“What do I do now?”

“Who should I call?”

“Who can I turn to?”



A Loving Family

Heart to Heart Seniors Services is a loving family of dedicated care givers enhancing the comfort and dignity of elderly persons living in Kingston, Ontario and the surrounding community. We’re here to help answer those questions and partner with you in the process of supporting your loved one. Heart to Heart can be there for you right at the moment when you need to hear,

“Don’t worry, everything will be alright.”

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